AthletesWorld

WINTER 2026

A BURBAYNE™ MAGAZINE

FEATURED ATHLETE PROFILE

Priscilla Penner

Fitness Enthusiast based in Aledo, TX, United States

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Priscilla Penner, Fitness Enthusiast based in Aledo, TX, United States

ABOUT PRISCILLA

Priscilla is a fitness enthusiast based in Aledo, TX, United States with an interest in Fitness / Gym, Softball, Gymnastics, and Walking / Power Walking. Priscilla is open to exploring new brand partnerships, sponsorships, and other opportunities.

ATHLETE PROFILE

Name	**Priscilla Penner**
Location	**Aledo, TX, United States**
Athlete Status	**Fitness Enthusiast**
Sports / Activities	**Fitness / Gym • Softball • Gymnastics • Walking / Power Walking**
Available for Opportunities	**Yes**

Fitness has been a lifelong passion for this former gymnast and sport aerobic champion, whose dedication to health, strength, and movement has shaped both her personal and professional journey. With more than 25 years of experience as a group fitness instructor and personal trainer, she has inspired countless individuals to embrace healthier, more active lifestyles. Her extensive background also includes coaching gymnastics at every level, from introducing beginners to the sport to developing competitive athletes and choreographing routines. For her, fitness has never been just a career — it's a way of life built around discipline, passion, and personal growth.

Beyond the fitness world, she has embraced many roles throughout her life, including teacher, business owner, bookkeeper, wife, mother, and grandmother. Now, at 53, she's stepping into an exciting new

chapter by pursuing opportunities in acting and modeling. Never one to shy away from adventure, she continues to challenge herself through travel, snorkeling, hiking volcanoes, riding motorcycles, and exploring new experiences. That same adventurous spirit has inspired her to step outside her comfort zone and discover new possibilities in front of the camera.

For her, growing older isn't about slowing down or trying to turn back time — it's about gaining experiences, staying curious, and continuing to evolve. Her focus remains on being strong, healthy, confident, and open to whatever life brings next.

Athletes World Magazine

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