AthletesWorld

WINTER 2026

A BURBAYNE™ MAGAZINE

FEATURED ATHLETE PROFILE

Mario Betancourt

Recreational Athlete based in San Antonio, Texas, United States

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Mario Betancourt, Recreational Athlete based in San Antonio, Texas, United States

ABOUT MARIO

Mario is a recreational athlete based in San Antonio, Texas, United States with an interest in Fitness / Gym, Cycling, Golf, Soccer, Volleyball, Tennis, Walking / Power Walking, and Racquetball / Squash. Mario is open to exploring new brand partnerships, sponsorships, and other opportunities.

ATHLETE PROFILE

Name	**Mario Betancourt**
Location	**San Antonio, Texas, United States**
Athlete Status	**Recreational Athlete**
Sports / Activities	**Fitness / Gym • Cycling • Golf • Soccer • Volleyball • Tennis • Walking / Power Walking • Racquetball / Squash**
Available for Opportunities	**Yes**

At 54 years old, Mario is embracing a new chapter of health, confidence, and personal transformation. Just over a year ago, he found himself struggling with weight loss and feeling comfortable in his own skin. Determined to make a change, Mario began a GLP-1 medication regimen and incorporated additional exercise into his lifestyle. Through his commitment to improving his well-being, he successfully lost 25 pounds and discovered a renewed sense of energy, confidence, and self-esteem. For Mario, the transformation has been about much more than the number on the scale — it's about feeling better, looking better, and enjoying life to the fullest.

Today, Mario maintains his active lifestyle through cycling several days a week and enjoying regular

rounds of golf. His dedication to staying healthy has given him a fresh perspective on aging, proving that life in your 50s can be filled with vitality, confidence, and new possibilities. Whether he's staying active, spending time outdoors, or finally fitting into the clothes he's wanted to wear since his 20s, Mario celebrates the progress he's made and the happiness that comes with taking care of himself. He believes that investing in his physical health today can help create a longer, healthier, and more fulfilling future.

Throughout his journey, Mario has remained grateful for the encouragement of his family and friends, as well as the faith that continues to guide him. Their support has strengthened his determination to maintain his progress and embrace everything life has to offer. Mario's story is a reminder that it's never too late to prioritize your health, rediscover your confidence, and create a lifestyle that makes you feel truly alive. With gratitude, faith, and optimism for the future, he continues to live by a simple but meaningful toast: "Salud!" — "To Your Health!"

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