AthletesWorld

WINTER 2026

A BURBAYNE™ MAGAZINE

FEATURED ATHLETE PROFILE

Janine Wilk

Athlete based in Boulder City, Nevada, United States

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ABOUT JANINE

Janine is an athlete based in Boulder City, Nevada, United States with an interest in Fitness / Gym, Cycling, Yoga, Pickleball, Volleyball, Pilates, and Walking / Power Walking. Janine is open to exploring new brand partnerships, sponsorships, and other opportunities.

ATHLETE PROFILE

Name	**Janine Wilk**
Location	**Boulder City, Nevada, United States**
Athlete Status	**Athlete**
Sports / Activities	**Fitness / Gym • Cycling • Yoga • Pickleball • Volleyball • Pilates • Walking / Power Walking**
Available for Opportunities	**Yes**

Janine's passion for fitness and athletics began at an early age, inspired by Friday night roller-skating adventures with her father while growing up in Maryland. Those childhood memories sparked a lifelong love for movement, competition, and staying active. Throughout high school, she embraced a variety of sports, including basketball, volleyball, track, and cheerleading. During the winter months, she dedicated herself to figure skating, taking lessons and preparing for her skating club's annual spring performances. Her love for skating continued into adulthood, where she also spent two years competing in roller derby, further demonstrating her athleticism and adventurous spirit.

At 35, Janine took on one of her biggest challenges by joining the United States Army, proudly serving her country for eight years. Her military experience strengthened her discipline, resilience, and understanding

of physical fitness. After transitioning out of the Army, she began searching for a new purpose and a way to continue challenging herself physically. That journey led her to Bombshell Fitness, where she has spent more than three years developing her strength, confidence, and competitive drive. Recently, Janine stepped onto the bodybuilding stage for the very first time, earning an impressive fourth-place finish. The experience ignited an even greater passion for competition and has her eagerly preparing for her next show in March.

Beyond her personal achievements, Janine is passionate about helping others discover their own strength and potential. She is currently studying to become a certified personal trainer, hoping to use her athletic background, military discipline, and fitness experience to inspire others on their wellness journeys. Janine's story is a powerful reminder that it's never too late to embrace new challenges, reinvent yourself, and pursue your passions. From the skating rink to military service and the bodybuilding stage, she continues to prove that strength, determination, and the courage to grow can open doors to incredible new possibilities.

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