AthletesWorld

A BURBAYNE™ MAGAZINE

WINTER 2026

FEATURED TRAINER PROFILE

Darcy Chappel

Strength & conditioning coach based in Reno, NV, United States

ATHLETES WORLD
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ABOUT DARCY

Darcy is a strength & conditioning coach based in Reno, NV, United States, specializing in strength training, functional fitness, sports performance, mobility & flexibility, yoga, pilates, group fitness, senior fitness, and post-rehabilitation fitness. She is open to exploring new brand partnerships, sponsorships, and professional opportunities.

TRAINER PROFILE

Name	**Darcy Chappel**
Location	**Reno, NV, United States**
Trainer Status	**Strength & Conditioning Coach**
Experience	**3–5 Years**
Training Specialties	**Strength Training • Functional Fitness • Sports Performance • Mobility & Flexibility • Yoga • Pilates • Group Fitness • Senior Fitness • Post-Rehabilitation Fitness**
Available for Opportunities	**Yes**

Athletes World Magazine

Athletes World™ is an independent global magazine dedicated to sports, fitness, and lifestyle, featuring athletes, coaches, trainers, and industry professionals alongside stories on training, nutrition, wellness, and industry news.

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